

# Fabric Mask Sewing Instructions

## SUPPLIES NEEDED

- 100% cotton fabric – 2 pieces, cut 6" x 9"
- Interfacing (ideally a medium weight) – 1 piece, cut 6" x 9"
- ¼" elastic – 2 pieces, cut 6½" (cotton ties can be substituted)
- Twist tie (pipe cleaner with ends bent over can be substituted)
- Thread
- Pins

1. Cut fabric, interfacing, and elastic pieces.
2. Place one piece of fabric wrong side down on the adhesive side of interfacing and iron together.
3. Place the second piece of fabric on top of the interfacing and fabric piece so that right sides are together.
4. Place a few pins in the center of the fabric pieces to secure together.
5. Fold the top layer back slightly and insert one elastic piece. Pin it to the corner.
6. Starting at the center of the top edge, with a ¼" seam, sew to the first corner where the elastic is pinned. Stop. Sew back and forth over the elastic to secure it. Be sure not to sew the elastic into the seam.
7. Sew to 2" before the next corner. Stop and bring the other end of the same elastic to the corner and pin. Sew back and forth over the elastic to secure it. \*When sewing down the side, be sure not to sew over your elastic.
8. Sew across the bottom of the mask to the corner. Pin the second elastic piece with the edge out. Sew over the elastic to secure it.

9. Sew to the next corner and sew in the other end of the same elastic.
10. Sew down top of mask a couple of inches making sure to leave a 2½" opening for the twist tie.
11. Using the opening on the top side, turn the mask inside out.
12. Take the twist tie and tuck it into the seam of the opening. Secure with a pin.

### STRAIGHTEN TWIST TIE...



THEN SEW POCKET OVER TWIST TIE HERE



13. Sew a "pocket" around the twist tie. This will allow the mask to be pinched across the bridge of the nose.

14. Topstitch around the entire mask with a ¼" seam, being careful not to catch the twist tie in your sewing machine.
15. Fold two pleats on the same side of the mask, going in the same direction. Pin and iron pleats down.
16. Sew down the side of mask to secure pleats.



### FOR A LARGER MASK

- CUT THE FABRIC 9" x 9"
- CUT THE ELASTIC 7"
- MAKE THREE PLEATS