**Fast Facts About PANCREATIC CANCER**

**SOME RISK FACTORS CAN’T BE CHANGED...**

**Age**
The risk of pancreatic cancer goes up as people age. Almost all patients are older than 45. The average age at the time of diagnosis is 70.

**Gender**
Men are slightly more likely to get pancreatic cancer than women.

**Race**
African Americans are slightly more likely to get pancreatic cancer than other races.

**Family history**
Pancreatic cancer seems to run in some families, sometimes due to an inherited genetic syndrome.

**BUT THESE MAJOR RISK FACTORS CAN BE CHANGED...**

**Tobacco use**
The risk of getting pancreatic cancer is about twice as high among smokers. Cigar smoking and the use of smokeless tobacco products also increase the risk.

**Being overweight**
Obese people with a BMI of 30+ are about 20% more likely to develop pancreatic cancer. Carrying extra weight around the waistline may be a risk factor, even in people who are not obese.

**Workplace exposure**
Certain chemicals used in the dry cleaning and metal-working industries may raise a person’s risk of pancreatic cancer.

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**The Fox Chase Approach...**

When facing pancreatic cancer, where you go for care—and how quickly you are seen—can make a big difference. At Fox Chase Cancer Center, we work with patients to choose a treatment approach that offers the best chance of controlling your cancer, preserving function, and reducing the risk of recurrence.

We have been designated as a National Pancreas Foundation Center by the National Pancreas Foundation (NPF). **Fox Chase is the only institution in the Philadelphia region to earn this designation.**

Support from donors like you makes the work we do every day possible. Thank you for your support.