

State Senator
Shirley M. Kitchen

Presents the

6th Annual

FREE

Senior Healthy Living



Expo

Staying **Power** *Through Changing Times*

Friday, May 7, 2010

9:30 a.m. - 3 p.m.

Deliverance Evangelistic Church • 2001 W. Lehigh Avenue



Mistress of Ceremonies

Dr. Lucille W. Ijoy, Author

WURD Radio Host and Certified Marriage and Family Therapist

*Learn about Choosing the Right Healthcare Plan,
Nutrition, Physical Fitness, Mental Well-being and more!*

Door Prizes • Giveaways • Lunch • Health Screenings • Exhibitors



Special Celebrity Appearance

Al "George Burns" Long

Pamper ME Section

Featuring hand, neck and back massages, mini manicures and make-up application!
Barber Cuts for Men

Sponsored By:

Walmart  **Community**



FOX CHASE
CANCER CENTER

Albert Einstein
Healthcare Network
Einstein


For more information, visit www.senatorkitchen.com or call 215-227-6161.